

# SUN SAFE POLICY





SCHOOL

## SUN SAFE<mark>TY POLICY:</mark>

Toogoolawah State School's Sun Safety Policy is based upon the following facets of understanding and expectations:

- Sun safe practices are considered to be relevant to all school and school community activities
- Teachers and Parents (Parents & Citizens Association) will collaborate to plan and implement sun safe activities
- Sun safe practices are considered to be the responsibility of all adults (ie staff and parent volunteers) when working with students. It is the responsibility of every adult to model and encourage sun safe behaviour in students
- The school will work to minimise the students to sun exposure and will provide educational programs relating to sun safety



# How will this be achieved?

SCHOOL UNIFORM:

- A sun safe school uniform has been designed collaboratively with the PLC and has been approved as the standard.
  - Collared shirt and dress with sleeves
  - Sun safe hats: a) bucket hat (brim must be a minimum of 5cm as outlined in Queensland Sun safe information) or b) legionnaires hat
- Swim shirts are required during swimming lessons
- Water resistant sunscreen (SPF 30+) is:
  - 0 Listed on year level booklists
  - Encouraged to be reapplied both during the regular school day
  - Students are reminded to reapply sunscreen throughout the day when participating in outdoor activities such as carnivals, excursions, camps, sports activities etc
  - Additional bottles of sunscreen have been provided to all teachers, available from the office and First Aide kit as relate to Variation to School Routine.
  - Parents have been notified of sunscreen policy through PLC forum and in newsletter

### WEARING OF <mark>HATS:</mark>

Rule: NO HAT, NO PLAY

This rule applies to all school activities – class activities, specialist lessons, lunch activities.

If students do not have a hat to wear they are supervised as appropriate to the activity and do not go out into the sun.

The PLC has approved and provided the school with a small collection of hats which may be borrowed on a daily basis by students who do not have a hat.

### LUNCH & PLAY ACTIVITIES:

- Students eat their lunches in class under the supervision of their class teacher.
- Lunch times are equally divided, providing two(2) half hour play times which include toileting, drinks and lining-up at the conclusion of each break time.
- Students are able to access Undercover play area or Library during lunch breaks

SHADE PROVISION:

- Shade trees already exist around oval perimeters and around school grounds
- The school annually participates in 'Tree Planting Day' and use this program to continue seeking ways to provide additional shade for the students
- Both the school and the PLC have purchased shade structures so as to provide temporary shade for school and school community activities eg: athletics activities, stalls, gala sports days
- The school and PLC continue to explore funding opportunities to enhance and extend availability of permanent shade structures
- The Physical Education teacher plans instruction of lessons within areas of shade/permanent shade structures – seasonal considerations embedded into unit planning

### EDUCATIO<mark>NAL PROG</mark>RAMS:

- Sun safe behaviour is regularly reinforced during:
  - 0 Class lessons
  - 0 Weekly Assembly
  - O Newsletter and general channels of communication
- Class lessons relating to Smart Moves program, Class sport activities etc are flexibly timed throughout the day to prevent students being exposed to the sun for long periods during the hottest times of the day

